לע"נ הרב יוסף בן הרב יהושע הרמן זצ"ל

# YOSHON QUICK REFERENCE GUIDE 5787

Current as of October 13, 2026

The *yoshon* season has begun. Dates are based on information from the listed companies and their *hashgachos*. Dates are based on the following: FOR PRODUCTS agreed to by all the relevant kashrus agencies: **Pasta, Durum & Semolina** Products: 9-9-26. All other **Wheat** & **Oat** Products: 10-1-26. Barley: TBD. **(All TBD can be assumed yoshon until at least 11-1-26.)** For products not listed here, visit **yoshon.com**.

## INGREDIENTS OF CONCERN

- Any type of **Grain** or **Grain Flour** (Wheat, Barley, Oats)
- **Malt**
- **Wheat Germ**

## INGREDIENTS NOT OF CONCERN

- **Spelt** (in/from USA and Canada)
- **Maltodextrin** (USA only; Europe may be *chodosh*)
- **Rye**
- **Food Starch**
- **Yeast**

## PRODUCTS THAT ARE ALWAYS YOSHON

- All **Israeli products** with reliable *hashgachah*
- All **products outside of EY** with the following *hashgachos*:
    1. Rabbi O.Y. Westheim of Manchester
    2. Kedassia of London
    3. Rabbi Schneebalg
- **Soy, Teriyaki** and **Tamari** Sauces | Bulgur Wheat

## PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED (If purchased after, see the next section.)

- **Soft <u>FRESH</u> baked goods** (bread, rolls, bagels, pizza, soft pretzels – 9-11-26
- **Soft <u>PACKAGED</u> baked goods** – 10-1-26
- **Noodles and Pasta** – 9-9-26
- **Barley** – 10-15-26
- **Oats** – 10-1-26
- **Malt** – TBD
- **Beer** – TBD

## FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES BELOW

Date listed below or earlier is *yoshon*. If later, assume it is *chodosh*. 4-digit codes (e.g., 2746), represent the **Julian** date (274 is the <u>day</u> and 6 is the <u>year</u>). If the listed code is 2746 (i.e., Oct 1, 2026) then the code on the package can be 274 or lower.

## <u>BAKED PRODUCTS</u>

1. **Betty Crocker Mixes** – mixes are yoshon; pizza crusts – 10-1-27
2. **Cookies and Crackers**
   **Aldi's** Graham Crackers – 3-30-27
   **Bloom's** Cookies – always *yoshon*
   **Kemach**
   - Crackers – always *yoshon*
   - Cookies:
     - Duplex – 07066
     - Oatmeal – TBD
     - Twist Top – TBD
   - Flatbread – TBD
   - Flatbread Crisps – TBD

   **Lieber's** Cookies and Crackers – TBD
   **Oreos** (USA, cookies only) – always *yoshon*
   **Pas** – with *yoshon* label only.
   **Shoprite/Bowl & Basket** Graham Crackers – 3-30-27
   **Stella D'oro**
   - Breakfast treats, toast and biscotti – 3-30-27
   - Sponge Swiss Fudge Cookies – 1-29-27
   - 100 Calorie Packs – 5-29-27
3. **Duncan Hines Mixes**
   - Cake Mixes and Brownies – always *yoshon*
   - All other mixes – 10-1-27
4. **Matza** (including **Matza Meal**) – always *yoshon*
5. **Pretzels (Hard)/Snacks**
   - **Bloom's** – *yoshon* (malt may be *chodosh*) - TBD
   - **Golden Fluff** – always *yoshon*
   - **Haddar** – with *yoshon* label only
   - **Herr's** – 1-1-27
   - **Kitov** – 10-1-27
   - **Landau's** – TBD
   - **Lieber's** – TBD
   - **New York Pretzels** – 10-1-27
   - **Pringles** (some contain wheat) – code L6274
   - **Rold Gold Pretzels** – always *yoshon* (except malt)
   - **Sabra Pretzels** – always *yoshon* (except malt)
   - **Snack Factory** – 10-1-27
   - **Utz Honey Wheat** Pretzels – 2-1-27
   - **Wise**
     .75 oz. & 1.75 oz – 2-18-27
     3.25 oz. – 1-17-27
     8.75 oz. – 12-25-26
6. **Waffles & Pancakes**
   - **Eggo** Waffles **and Pancakes:**
     With oats – 12307
     Just wheat – 07017
   - **Eggo Thick &** Fluffy **French Toast/Pancake Bites** (single-serve packets) – 12307
   - **Kemach** Pancake Mix – *yoshon*
   - **Pearl Milling Co** – formerly Aunt Jemima
     Dry Mixes with malt: (Dry mixes without malt always *yoshon*)
     Pancakes – 12-15-27
     Waffles – 12-15-27
     Frozen:
     Pancakes – 12-15-27
     Waffles – 12-15-27

## <u>BAKING SPRAY WITH FLOUR</u> (If there's no flour – no concern)

1. **Baker's Joy** and **Crisco** – always *yoshon*
2. **Pam** – 10-1-28
3. **Glicks** – always *yoshon*

## <u>BARLEY</u> – all can be assumed *yoshon* until at least 10-15-26

1. **Gefen** – always *yoshon*
2. **Manischewitz** – TBD
3. **Quaker** – TBD
4. **Unger** - always *yoshon*

## <u>BEER</u>

**Sam Adams**: TBD. **All Other Beers**: TBD

## <u>BREAD AND CORN FLAKE CRUMBS</u>

1. **Gefen** – always *yoshon*
2. **Jason** – always *yoshon*
3. **Kellogg's** (malt only) – TBD
4. **Kineret (Made in Israel)** – always *yoshon*
5. **Lieber's** – TBD
6. **Kikkoman Panko** – 4-1-28
7. **B'Gan** – with *yoshon* label only



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## CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains wheat, use 10-1-26).

1. **BARBARA**
   - Oats – 10-1-27
   - Wheat – 10-1-27
   - Original – 5-8-27
2. **CASCADIAN FARMS**
   - Granolas – 10-22-27
   - Other cold cereals – 10-22-27
3. **CREAM OF WHEAT** – 10-1-27
4. **GENERAL MILLS**
   - Oats – 10-21-27
   - Wheat – always *yoshon*
   - Barley – 10-1-27
5. **KASHI**
   - Oats – 10-1-27
   - Wheat – always *yoshon*
6. **KELLOGG'S** (if made in Europe always *yoshon*)
   - Oats – 10-1-27
   - Wheat – 10-1-27
   - Barley – 10-1-27
   - Malt – TBD
7. **KEMACH**
   - Whole Wheat Flakes, Coco Munchies, Cinnamon Bites – always *yoshon*
   - Corn Crisp, Bunch 'O Krunch – 9-10-27
   - Sugar Puffed Wheat – 9-1-27
   - Toasted Oats, Honey Nut Toasted Oats & Fruit Whirls – 8-20-27
8. **MALT-O-MEAL**

   Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.
   - if contains only oats – 10-1-26 packing date
   - if contains only wheat – 10-1-26 packing date
   - if contains only barley – TBD
   - 9 mos from packing – Berry Colossal Crunch
   - 10 mos from packing – Blueberry Muffin Tops, Honey Graham Squares, Coco Roos, Honey Nut Scooters
   - 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
   - 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar, Coco Wheat
   - 18 mos from packing – Quick Rolled Oats
   - 24 mos from packing – Hot Wheat Malt-O-Meal-Original, Farina
9. **NATURE VALLEY** – 10-1-27 (except if produced in S America)
10. **POST**
    - Oats – 9-15-27
    - Wheat – *yoshon*
    - Barley – 10-1-27
    - Malt – TBD
11. **QUAKER** (USA) [In EY and EU with KF *hechsher* are always *yoshon*]
    - Chewy Granola Bars, Chewy 90 Cal Low Fat Granola Bars, Granola Bites 90 Cal – 6-4-27
    - Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Real Medleys Hot Cereals, Breakfast Cookies – 6-4-27
    - Cocoa Bumpers, Graham Bumpers, Peanut Butter Bumpers, Toasted Oat Bran, High Fiber Instant Oatmeal Packets, Cap'n Crunch, Corn Bran Crunch, King Vitaman, Natural Granola, Oatmeal Squares, Oh!'s, Puffed Wheat, Quisp – 7-4-27
    - Life, Instant Oatmeal Packets (Original, Apples & Cinnamon, Fruit & Cream, Maple & Brown Sugar, Raisin, Date, & Walnut, Raisins & Spice, Choc Chip, All Lower Sugar) – 10-4-27
    - Oats (Rolled, Instant, Old Fashioned) – 3-28-28
12. **SHOPRITE** BOWL & BASKET
    - Instant Oatmeal – 3-13-28
    - Cold Cereal – info not available
13. **STOP & SHOP/GIANT**
    - Cereal
      With oats – 10-1-27
      With wheat – 10-1-27
    - Oatmeal – 10-1-27
14. **TARGET GOOD & GATHER**
    - Instant Organic Oatmeal – 10-1-27
15. **WALMART**
    - Quick Oats – 3-28-28
    - Bran Flakes – 10-1-27

## CHOW MEIN NOODLES

1. **EDEN** – with *yoshon* label only
2. **GLICKS** – TBD
3. **KEMACH** – 0926H
4. **STREIT'S** – always *yoshon* unless labeled *chodosh*
5. **LIEBER'S** – TBD
6. **LA CHOY** – info not available

## EGG ROLL/WONTON WRAPPERS

1. **GEFEN Egg Roll and Won Ton Wrappers** – always *yoshon*
2. **GOLDEN BOWL**
   - Won Ton Wraps – code TBD
   - Spring Roll Wrappers – 10-1-27
3. **DEPENDABLE** – always *yoshon*
4. **NASOYA Egg Roll and Won Ton Wrappers** – TBD
5. **WON TON FOOD CO** – code 10126 (any letters are irrelevant)
6. **B'GAN** – with *yoshon* label only

## FLOUR – [DISCLAIMER: While dates shown are generally based on 12-mo. expiration codes, these can vary, as some mills may use 18-mo. codes. For whole wheat, they may go as low as 6-mos.]

1. **All Purpose Flour**
   - **DEPENDABLE** – with *yoshon* stamp only
   - **GIANT/STOP & SHOP** – 8-24-27
   - **GLICKS** – with *yoshon* label only
   - **GOLD MEDAL** (all mills) winter wheat (if *machmir* for *bitul*) – 8-24-27; malt – TBD
   - **HECKERS** – always *yoshon* (malt TBD)
   - **KEMACH** – always *yoshon*
   - **KING ARTHUR** – 5lb bags 9-13-27, 50lb bags 9-13-26
   - **PILLSBURY** – 8-24-27
   - **SHOPRITE/BOWL & BASKET** – 2-20-28
   - **TARGET/MARKET PANTRY/GOOD & GATHER** – 8-24-27
2. **Whole Wheat Flour**
   - **DEPENDABLE** – with *yoshon* stamp only
   - **GOLD MEDAL** (all mills) – 2-10-27
   - **HECKERS** – always *yoshon* (malt TBD)
   - **KEMACH** – always *yoshon*



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- **King Arthur** – 5lb bags 9-13-27, 50lb bags 9-13-26
- **Pillsbury** – 8-24-27
- **Target/Market Pantry/ Good & Gather** – 2-18-27

3. **Bread Flour (High-Gluten Flour)**
   - **Dependable** – with *yoshon* stamp only
   - **Glicks** – with *yoshon* label only
   - **Gold Medal** (all mills) winter wheat (if *machmir* for *bitul*) – 8-24-27; malt – TBD
   - **Kemach** – always *yoshon*
   - **King Arthur** – 5lb bags 9-13-27, 50lb bags 9-13-26
   - **Pillsbury** – 8-24-27
   - **Trader Joe's** – 8-24-27
   - **Heckers** – always *yoshon*

## FROZEN/MISCELLANEOUS

1. **Alle/Meal Mart Frozen Products** – always *yoshon*
2. **Apollo Fillo Dough** – 10-1-27 or 2746
3. **Dr. Praeger's**
   - Oats – 10-1-28
   - Wheat – 10-1-28
4. **French's French Fried Onions:** 10-1-28
5. **Golden**
   - Blintzes – 10-1-28
   - Potato pancakes – always *yoshon*
6. **Kosherrific Fish Sticks** – always *yoshon*
7. **McCain** Fries (that contain flour, e.g. spicy fries): no *yoshon* info
8. **Mehadrin** Cookies & Cream Ice Cream – TBD
9. **Pride of the Farm** Cookie Dough Ice Cream – always *yoshon*
10. **Shindler's Products** – always *yoshon*
11. **Tofutti Cuties** – 10-1-28 or 26274
12. **Trader Joe's Potato Pancakes** – always *yoshon*
13. **Ungar's Fish** – always *yoshon*

## ICE CREAM CONES

The following brands of sugar cones, cake cones and waffle cones are always *yoshon*: **Essential Everyday, Joy, Kemach, Shoprite Bowl & Basket, Trader Joe's, Walmart Great Value, Whole Foods 365**

## KISHKE

The following brands are currently *yoshon* until at least 10-15-26: **A&B, Benz's, Meal Mart, Unger's**

## LICORICE/CANDY

1. **Darrell Lea** – 10-1-27
2. **Jolly Ranchers** – always *yoshon*
3. **Joray Fruit Rollups** – TBD
4. **Paskesz** Sour Sticks/Belts – always *yoshon*
5. **Red Vines** – always *yoshon*
6. **Shneider's Candy Planet** – always *yoshon*
7. **Sour Punch Twists** – always *yoshon*
8. **Twizzler's** (H&S Candy/Hershey) – always *yoshon*

## NOODLES/PASTA (when manufactured in N. America; from EU – Turkey, Italy, etc – no concerns before 11-1-26)

1. **Aldi Pasta & Egg Noodles** – 9-9-28
2. **Barilla**
   - ProteinPLUS Pasta – 9-9-28
   - Whole Grain – 3-9-28
   - Lasagna – 5-9-28
   - Other pastas and orzo – 5-9-29
3. **California Delight** – always *yoshon*
4. **Eden** – with *yoshon* label
5. **Essential Everyday** – 9-9-28
6. **Gefen Ramen Noodles** – TBD
7. **Giant/Stop & Shop** – 9-9-28
8. **Goodman's**
   - Pasta – 9-9-29
   - Egg noodles – 9-9-29
9. **Hodgson Mills Couscous** – TBD
10. **Kemach**
    - Egg noodles – TBD
11. **Manischewitz** – 9-9-29 or 2539
12. **Mother's** – code 2538
13. **San Giorgio**
    - Egg Noodles – 9-9-28
    - Oven Ready Lasagna – 9-9-28
    - Pasta – 9-9-28
14. **Near East Couscous, Pilaf with Orzo** – 9-9-27
15. **No Yolks** – Egg: 9-9-28 | Non-Egg: 9-9-29
16. **Pennsylvania Dutch Egg Noodles** – 9-9-28
17. **Ralph's** – 9-9-28
18. **Shoprite Bowl & Basket** – 9-9-28
19. **Streit's** – always *yoshon* (except chow mein)
20. **Trader Joe's Pasta** – 9-9-29 | Organic/Specialty Pasta – 9-9-28

## PIE CRUSTS/PASTRY DOUGH

1. **Apollo Fillo Dough** – 10-1-27
2. **Gefen Pastry Dough** – always *yoshon*
3. **Glicks Graham Cracker Pie Crusts** – always *yoshon*
4. **Keebler Pie Crusts** – TBD
5. **Kemach**
   - Graham Pie Crust – always *yoshon*
6. **Mechel's** – All *yoshon*
7. **Mother's Graham Cracker Pie Crust** – TBD
8. **Pepperidge Farm** – 10-1-27
9. **Unger's Pastry Dough** – always *yoshon*

## SOUP/SOUP MIXES

1. **Gefen Noodle Soup Cup** – with *yoshon* designation only
2. **Kedem** – TBD
3. **Kemach**
   - Onion, split pea – do not contain grain
   - Vegetable – 5-26-28
   - Minestrone – 5-4-28
4. **Lieber's** – TBD
5. **Manischewitz**
   - Noodle/Pasta – TBD
6. **Shoprite**
   - Soup mixes – TBD
   - Canned (except tomato) – TBD
   - Canned Tomato Soup – TBD
7. **Streit's** – always *yoshon*
8. **Tradition** – 10-1-28

## VINEGAR

1. **Regular Vinegar** has no *chodosh* concern.
2. **Malt, Tarragon, or Salad Vinegar** – TBD
   **Heinz**
   - Malt vinegar – TBD
   - Tarragon and Salad – TBD