YOSHON

בס"ד

October 14th 2026

Flour Update

Ardent Mills flour and Costco flour with code COR 323:

Plant code **SK 251** or lower is Yoshon.

Pant code **MT 256** or lower is Yoshon

(Note: This may begin affecting some Establishments in the city. See list below for Yoshon certified establishments)

Those who wish to stock up on Costco flour, its recommended to do so this week. This affects flour with COR (323). La Milanaise flour sold at Costco is still Yoshon.

Robin Hood and/or Flour with Plant Code 548

All Purpose Flour: 6 - **251** - 548 or lower is yoshon
Cake and Pastry Flour: TBD

Five Roses, compliments, selection and/or flour with plant code 640 and 715

640 Plant Code: 6 **264** 640 or lower is yoshon
715 Plant Code: Still Yoshon

Flour with (COR 285)

White Flour: B”B Sept 22 2027 or earlier
Whole Wheat: B"B June 22 2027 or earlier

No Name Flour (sold at maxi)

If code has PFM - use yoshon codes for flour with (COR 285)

Pasta Update

Grisspasta – MK 300

Please note an update regarding Grisspasta bearing MK 300.

The previously published cutoff date was mid-October. The manufacturer forgot to notify us that a new flour supplier had been introduced. Unfortunately the new flour has an earlier Yoshon cutoff date. the following are the updated cut-off dates.

1. **Regular Pasta:** Best Before September 14, 2029 or earlier is Yoshon.
2. **Egg and Vegetable Pasta:** Best Before September 14, 2028 or earlier is Yoshon.

We are continuing to look into this further and will provide updates if any additional details become available. For now, please use the above dates as the cutoff dates.

We apologize for any inconvenience this may have caused and thank you for your

Products Update

1. **Adir Cookies**: Yoshon
2. **Barley**:
    - Agrofusion: Pearled and Pot Barley: Still yoshon
    - Cedar: Still Yoshon
    - Clic: Still Yoshon
3. **Brick Paper (Feuilles de Brick)** :
    - **Bétéavone** Brick paper is Yoshon.
    - Brick Paper with code **MK 562** is Yoshon
4. **BonBomb Chocolate**: Yoshon
5. **Canko (HomeMade)**:
    - Bread and Bagels are no longer Yoshon.
    - Cakes and Danishes will remain Yoshon all season.
6. **Couscous**: Couscous bearing MK is still Yoshon. Expected to switch over next week.
7. **Katafli dough (MK 407):** Best before April 10th 2028 or earlier is yoshon
8. **Pita Bread**:
    - **Pita Royale: Still Yoshon. Will switch over soon.**
    - **IGA Pita (Cavendish): Pita baked at IGA labeled with an MK sticker will remain Yoshon.**
    - Montreal Pita (MK393): Will update shortly.
9. **Soft Wheat**: Will remain Yoshon all season.
10. **Spring Rolls (MK 562)**: are Yoshon.
11. **Spices**:
    - Pure spice: Yoshon
    - Premier Spices: Yoshon
12. **Oats:**
    - **Ardent Mills (Cor 323):** TBD
    - **No Name Large flake, One minute & Quick:** (regular) Still Yoshon until beginning of October
    - **Quaker Oats (Cor 112):** safe date: 09 26 P 6
    - **Robin Hood (Cor 323):** TBD
    - **Selection Oatmeal Packs**: Still Yoshon

ESTABLISHMENT UPDATES

1. **Please note:** The list below includes establishments that are Yoshon for the entire season. Other establishments not listed were not verified, some may still be Yoshon at this point, and some may already carry Chodosh. Consumers should use their knowledge and experience with individual cut-off codes and Yoshon protocols to determine what products, and until when, they can continue considering these establishments Yoshon.
2. **Establishments that purchase flour from Ardent Mills or Costoco may be subject to chodosh starting from this week.**

ADAR –Bakery is Yoshon, updates on catering coming shortly. Baguette sandwiches, all artisan breads such as panini, ciabatta bread and baguettes are not Yoshon.

AMAZIN' GLAZIN' at the Fooderie- Everything is Yoshon.
AMAZIN' GLAZIN' at Foogo - Everything is yoshon. Oatmilk used for cofee may no longer be yoshon.
BALITOV – Everything is Yoshon.
BALIBURGER - Everything is yoshon except vegan cheese which is available upon reqest only.
BENOIT BAGELS- Bagels are yoshon
BROADWAY PIZZA - Pizza and Pasta are yoshon.
BESO – Bread and viennoiserie is yoshon.
BEST SIMCHA – Everything is Yoshon.
CITÉ CACHÈRE– bakery is yoshon.
CANKO GROUPE (HOMEMADE) – Pastries, cakes and Pizza dough are Yoshon. bread and bagels yoshon until end of september.
CHESKIE – Everything is Yoshon.
DELI BOYZ – Everything is Yoshon including the French fries. hotdog bun and Baguettes - not Yoshon.
DELI 770 – Everything is Yoshon except the Soups.
DISTRICT BAGEL – Yoshon.
FARINO - Pizza only is yoshon. Fried items and croutons are not yoshon.
FLEUR DE LYS – Bread and Pastries only are Yoshon.
HOMEMADE BAKERY (CANKO): See Canko groupe above
HOMESWEET CHALLAH - Everything is Yoshon
KOSHER PIZZA BAR - Pizza only is yoshon.
LA MARGUERITE – Bakery items are yoshon. food with puff pastry and brik dough will be updated once available
LA SOVA SUSHI: will update once available.
LES DELICES DE COOKLA – Everything is Yoshon.
Le Falafel Plus - pita is yoshon as long as Pita royal remains yoshon.
LITTLE SWEETS: cookies and cakes are yoshon
MASSALIAH PIZZA: pizza is yoshon. Pasta is yoshon for the moment. Updates on croutons coming shortly.
MIMIMELON – will update once available.
MONTREAL KOSHER BAKERY – Everything is Yoshon.
MEHUDAR MEATS – Yoshon. We recommend that you verify the soup croutons at the counter prior to using them.
METSUYAN SUSUI AT THE FOODERIE – will update once available.
ONE STOP KOSHER - Everything is Yoshon.
PARADISE KOSHER – will update once available.
PIZZA GOURMETTI – Everything is Yoshon.
PIZZA PITA PRIME- PIZZA PITA PRIME – Store made bread, calizone , garlic knots, borekas, wraps, fried fish and Pizza are Yoshon.
RENFELL'S BAKERY - Everything is Yoshon.
SHABBAT EXPRESS BY GEORGE AMAR (FOOGO): Bread, puff pastry products, tarts, cakes and cookies are yoshon.
TATY'S PIZZA - Pizza and fries are Yoshon.
THE BREADERY MONTREAL - Everything is Yoshon.
UMAI SOO SHE –All sushi is Yoshon. Updates on the rest coming shortly.

WESTMINSTER GOURMET – Bakery items only are Yoshon, this includes artisan breads, such as ciabatta bread and baguettes.
YANKY PIZZA: Pizza is Yoshon. Fries are still Yoshon for the moment. Pasta update coming shortly.

The Yoshon Network

For products imported from the United States, visit www.Yoshon.com for an extensive database of products.
You can also download their app to use the QR code scanner, simply scan the QR codes within the app to receive Yoshon information on the thousands of products in their database. Please note that some products from the United States may already be a Chodosh concern.

Yoshon Education

To learn more about the topic and Hilchos Yoshon visit our website, **www.mk.ca/yoshon**
Click here to download MK's practical and comprehensive guide to the history, halachos, and guidelines of keeping Yoshon!