Yoshon Update #1

October 30, 2026

The Yoshon cutoff dates for the following products are as follows:

Robin Hood, Five Roses, Selection & any flour using the following plant codes:

Year	Date Code[1]	Plant Code	Comments
6	251	548	All Purpose Flour - retail & Costco pack
6	292	548	Cake and Pastry Flour only
6	324	715	Still yoshon. Anticipated c/o date
6	261	640	

[1]These numbers or lower are yoshon. Isolate the plant code from the full code that is printed on the bag and then find the year and date codes.

Flour (COR 285) - Conventional - Best Before date Sept 20/27. Organic BB Oct 13/27. Whole Wheat Flours - BB date June 20/27, Organic BB July 13/27.

P&H, Great Plains, Compliments and any flour with a "PH" in the code
The lot # will start with a 6 (for 2026) then xxx for the date then xx for the plant i.e. 6 203 09. Use code 6 274 for plant 02, code 6 253 for plant 09.

Ardent Mills, Robin Hood, Golden Temple or any flour with a COR323 - for plant 'SK'- date code of 6-251 or lower. For plant code 'MT' date code of 6-256 or lower. Durum semolina /Atta flour date code 6-301 or lower.

No Name Flour - If the Best Before date includes "PFM" use the code – BB Sept 20/27 for white flour, June 20/27 for whole wheat flour. If it includes "PH" use codes – BB Oct 1/27 for white flour, July 1/27 for whole wheat flour.

Rodelle Flour – plant code "P" or "Y92" is still yoshon until the end of Nov.

La Milanaise / Boreal Flour (reg & org)- is yoshon until the end of the year.

Rogers Foods - White flour Best Before Oct 26, 2027.Whole wheat, wheat germ and bran - Best before June 26, 2027.

Spelt flour - in eastern Canada is always yoshon.

Robin Hood – Ardent Mills Oats (COR 323) - code of 6-288 or lower.

No Name Oats - Large Flake, One Minute, Quick – still yoshon. Anticipated c/o is mid Nov. **(this date does not apply to single serve packets).**

Quaker Oats (COR 112)
All products contain oats - date code of 10 12 P 6 or earlier.
Family / Costco Pack – code of **1012** following the Best Before date. 5N**6** is the year code. Ignore the other codes, i.e. 2026 SE 12 **1012** 5N**6** 0263.
Oat Bran Cereal - date code of 10 03 P 6 or earlier.
Pearl Milling (Aunt Jemima) Pancake Mixes - all types - will remain yoshon.
Bakery mixes that contain only wheat but no oats – date code of 10 21P6 or lower.

Selection Oatmeal packets (MK705) - Best Before Sept 18, 2027.

General Mills
Cheerios (all types) – Best Before Oct 22, 2027
Nature Valley Granola bars - Best Before date 1 SE 2027 CO plant only (safe date)
Fibre 1 cereal is always yoshon**.**

Post Cereals (COR 114)
Shredded Wheat is always yoshon.
Spoon Size Shredded Wheat - Original and Wheat 'n Bran are always yoshon.
Shreddies - Regular, Honey, and Cinnamon Vanilla - are still yoshon.
Raisin Bran is still yoshon.

Kellogg's (sold in Canada only)

All Bran, Raisin Bran, Bran Flakes, Corn Flakes, Honeynut Corn Flakes, Frosted Flakes and Rice Krispies - products are still yoshon.
Corn Pops - are yoshon (oat flour is not a yoshon concern).
Froot Loops all types (Canadian only) – Best Before Oct 23 2027.
Kashi Organic Cinnamon harvest – remain yoshon
Kashi Honey Hearts & Oats – Best Before Oct 23 2027

Barley – barley in the stores may be chodosh, dates must be checked.

Kosher City - flour and barley repacked by Kosher City **with a yoshon label only**.

PC Blue Menu Barley and Great Value Barley - lot code of 26305 or lower.

NuPak Barley - code of **6334**xx or lower (ignore last two characters).

Cedar (Phoenicia) Barley - code of PD 60809 or lower – safe date.

Gefen, Ungar's & Jack and the Beanstalk - will remain yoshon.

Pasta

Italpasta and any other pasta with a COR 136 - Best Before Oct 27, 2028.
Primo, **Unico and any other pasta with a COR 78** – Best Before Oct 25 2029.

PC/No Name Pasta (COR 1) - use same code as Italpasta.

Ronzoni (Catelli & Lancia) (COR 235) - Regular (white) pasta - Best Before Oct 21, 29 or earlier. Smart, Whole Wheat & Egg Best Before Oct 21, 2028.
Catelli (with an MK) – use same codes as Grisspasta**.**

Grisspasta - Regular Pasta - Best Before 2029 Sept 14, Whole grain, Vegetables, Egg Pasta - Best Before 2028 Sept 14.

Ferenez /Mama (MK) - will remain yoshon.

Zinda – Couscous, last four digits of the code are A300 or lower.

Pita Bros (Pita & Breadcrumbs) - will remain yoshon

Lenchner's - will remain yoshon.

Tova's Bakery - All products are yoshon except containing oats and multigrain.

Frozen Pie and Tart Shells with COR 583 - Best Before 2027-10-07 (Oct 7).

No Name Frozen Pie and Tart Shells (COR 1) - Best Before 2027-10-07 (Oct 7).

Made Good Granola Bars & Bites - Best Before June 10, 2027. – safe date

No Name Honey Graham Crumbs – are currently yoshon, subject to change.

Earth's Own Products – these dates are not exact but safe for yoshon consumer

Earth's Own Oat Milk Refrigerated products (all types) - BB Nov 24 2026.

Earth's Own Oat Milk Shelf Stable products- Oat Zero Sugar Unsweetened Vanilla & Oat Nog - Best Before Oct 15 2027.
Barista Oat, Oat Vanilla GF, Oat Chocolate & Oat Vanilla - BB July 15 2027.
Earth's Own Oat Milk used in Starbucks shops (this is not the Starbucks labeled product sold in independent stores) BB Feb 15 2027.

Local establishments – Interim List subject to change.

Some of the establishments detailed below produce both Yoshon and non-Yoshon products. Keilim may not be dedicated exclusively for Yoshon products.
Any Sushi that contains wheat is not certified yoshon, even in an "all yoshon" establishment.

Amazing Donuts – All products manufactured on site are yoshon.

Bubby's Bagels - All products are yoshon.

Dr. Laffa Bakery - All baked and packaged products are yoshon (except those containing oats and multigrain).

Ester's Kosher Bakery - Only products with a special "COR Yoshon" sticker.

Grodzinski (North) - All products made on site are yoshon except soups, wraps, multigrain and products containing bran and oats.

Grodzinski (South) - All products made on site are yoshon.

Haymishe Bakery - All baked products are yoshon except those containing bran. Cholent, soups, yerushalmi kugel and pasta are not yoshon.

Hermes - All products that are made on site are yoshon.

Isaac's KCP Bakery - All products are yoshon.

Kosher City Bakery (incl. Randi's) - Only "COR Yoshon" stickered products.

My Zaidy's Bakery & Pizza– All products made on site are yoshon except organic breads, soups, multigrain and any product containing bran and oats.

Olive Branch Bakery - Only "COR Yoshon" stickered products.

Pizza Cafe – All products are yoshon[1]

Slice N Bites - All products are yoshon[1]

Sobeys Bakery - Only "COR Yoshon" stickered products.

Top Slice - Pizza, Falafel & French fries are yoshon[1].

Tov Li Pizza (both locations) - Regular & Spelt Pizzas,[1] Pitas, Cookies, Bourekas, Blintzes, Pasta, Soups, Croutons (incl. whole wheat), Gravy and Barley are Yoshon.

[1] Imitation pepperoni used in Pepperoni Pizza is not yoshon.

Please Note:

This update includes all information in previous updates.

"Safe dates' are dates that before which the product is definitely yoshon.

The above information applies to products manufactured in or for **Canada only.**

The COR does not endorse any of its establishments for Yoshon except as detailed above.