

# Yoshon Update #2

Date: March 11, 2025

The Yoshon cutoff dates for the following products are as follows:

**Robin Hood, Five Roses, Irresistible & any flour using the following plant codes**

Year	Date Code <sup>1</sup>	Plant Code	Comments
4	249	548	All Purpose Flour
4	268	548	Cake and Pastry Flour only
4	322	715	
4	274	640	

<sup>1</sup>These numbers or lower are yoshon. Isolate the plant code from the full code that is printed on the bag and then find the year and date codes.

**Flour - (COR 285)** - Regular Flour - Best Before 2025 SE 6 or earlier. Organic - BB 2025 SE 30 or earlier. Whole Wheat - BB dates are 3 months earlier.

**P&H, Great Plains, Compliments and any flour with a “PH” in the code**

The lot # will start with a 4 or 04 for 2024 then xxx for the date then xx for the plant. Use codes 4 256 for plant **02**, 4 311 for plant **03**, 4 251 for plant **09**.

**Ardent Mills, Robin Hood, Bakers Hood, Master Hand, Golden Temple or any flour with a COR323** - for plant ‘SK’ - a date code of 4-249 or lower. For plant code ‘MT’ - a date code of 4-227 or lower.

**Ardent Mills Durum semolina and Atta flour** 4-302 or lower.

**No Name Flour** - If the best before date includes “PFM” use the same code as COR 285 flour. If it is “PH” (0)7 or “PH” (0)2 use the codes noted above for “PH”. If it is “AD” a best before code of 2025 NO 17 or earlier. Whole Wheat flour – Best Before codes are **3 months earlier**.

**PC Flour** - All Purpose flour - if the BB date includes “PFM” it will remain yoshon. Organic - use the same code as COR 285 flour.

**Rodelle Flour** - If there is a “P” in the date code, code of 2024 Oct 30 or earlier.

**LA Milanese / Boreal Flour** – will remain yoshon until Jan 2025.

**Robin Hood, Ardent Mills Oats (COR 323)** - date code of 4316 or lower.

**PC and No Name Oats** - Large Flake, One Minute, Quick - BB 2025 SEP 4 or earlier. Organic - BB 2025 OCT 13 (**this date does not apply to single serve packets**).

**Quaker Oats (COR 112)** - All products containing oats and/or oat bran - date code of 09 23 P 4 or earlier.

Family Pack - code of **0923** following the BB date and year code 5N**4**. Ignore the other codes, i.e. BB 2023 SE 27 **0923** 5N**4** 0263.

Wheat Bran – will remain yoshon.

Pearl Milling (A.J.) Pancake Mixes (all types) – will remain yoshon.

Life cereals that contain wheat but no oats - date code of 1003 P 4 or earlier.

Bakery mixes that contain wheat but no oats - date code of 09 27 P 4 or earlier.



## General Mills

Cheerios (all types) – Best before Oct 07, 2025.

Nature Valley Granola bars - Best Before date of 14SE2025.

Fibre 1 cereal is always yoshon.

**Post Cereals (COR 123)** - Weetabix – *BIUB MAR 2, 2026*.

Alpen (Muesli) Reg. & No Sugar – BIUB OCT 8 25 or earlier.

Barbara's Puffins Original and Cinnamon, Morning Oat Crunch - BIUB SEP 16 25.

**Post Cereals (COR 114)** - Shredded Wheat, Spoon Size Shredded Wheat - Regular, Honey Toasted, Cinnamon and Wheat ‘n Bran, Light Wheat Squares are always yoshon.

Shreddies - Regular, Honey, and Maple flavours, Dark Wheat Squares and 100% Bran - *Best Before Feb 17, 2026*.

Cranberry Almond Crunch – Best Before Oct 12, 2025

## Kellogg's

All Bran, Raisin Bran, Bran Flakes, Corn Flakes, Honeynut Corn Flakes, Frosted Flakes and Rice Krispies - *Plant code is the first two letters after the date code (ignore third letter): for plant code “KL” BB Jan 29, 26, for code “KM” BB Feb 6, 26, for code “KB” BB Mar 5, 2026*.

Corn Pops - are yoshon (oat flour is not a yoshon concern).

Froot Loops (Canadian only) – Best Before Sept 12, 2025.

**Presidents Choice (COR 1)** Crunchy Cranberry Almond - Best Before OCT 8 25.

**PC Blue Menu (COR 1)** Bran Flakes, Fibre First Multi-Bran and Loads of Raisins-Raisin Bran - *BB Feb 17, 2026*.

**Great Value Bran Flakes** - *BB Mar 3, 2026*.

**Rogers Foods** - White flour Best Before Oct 23, 2025. Whole wheat, wheat germ and bran - Best before June 23, 2025.

**Spelt flour** - in eastern Canada is always yoshon.

**Barley** – most barley currently in the stores is chodosh, dates must be checked.

**Kolbo** - has yoshon barley and flour.

**Kosher City** - flour and barley repacked by Kosher City **with a yoshon label**.

**PC Blue Menu Barley and Great Value Barley** - lot code of **24301** or lower.

**NuPak Barley** - code of **4255xx** or lower (ignore last two characters).

**Cedar (Phoenicia) Barley** - code of PD41709 or lower.

**Clic barley** - product packed on or before Oct 6, 2024.

**Gefen barley, Jack & the Beanstalk barley** - will remain yoshon.

**Selection Oatmeal packets (MK)** - Best Before Sept 25, 2025.

## Pasta

**Primo COR 78** - Best Before Nov 22 2027 or earlier.

**Italpasta** - Best Before Oct 20 2026 or earlier.

**All other pasta with a COR 136** - use the same codes as Italpasta.

**Unico** - use same coding as for Primo.

**PC/No Name Pasta (COR 1)** - use same codes as Italpasta.

**Ronzoni (Catelli, Bistro & Lancia) (COR 235)** - Regular (white) pasta - best before Oct 10, 27 or earlier. Whole wheat, No Yolk, Multigrain and Healthy Harvest products Best Before Oct 10, 26. Smart – Best Before Sept, 13 2026.

**Catelli (MK)** - same codes as Grisspasta. *Catelli Smart (MK) Bowties and Lasagna - Best Before 2026 Oct 7.*

**Grisspasta** - Regular Pasta - best before 2027 Oct 21, Whole grain, Vegetables, Egg Pasta - best before 2026 Oct 21.

**Ferenez /Mama (MK)** - will remain yoshon.

**Pita Bros** (Pita & Bread Crumbs) - will remain yoshon.

**Lenchner's** - will remain yoshon.

**Frozen Pie and Tart Shells any brand with COR 583** - Best Before Oct 1, 2025.

**No Name Frozen Pie and Tart Shells (COR 1)** - Best Before Oct 5, 2025.

*Made Good Granola Bars - Best Before Dec 20/25. Granola bars only, not other Made Good products.*

*No Name Honey Graham Crumbs – are currently yoshon, subject to change.*

*Earth's Own Oat Milk Refrigerated products (all types) - BB Feb 20 2025.*

*Earth's Own Oat Milk Shelf Stable products- Oat Zero Sugar Unsweetened*

*Vanilla & Oat Nog - Best Before Oct 15 2025.*

*Barista Oat, Oat Vanilla GF, Oat Chocolate & Oat Vanilla - BB Jan 15 2026.*

**Local Establishments** - This information is applicable only for products detailed below and manufactured by the said establishments, on site.

**Some of the establishments detailed below produce both Yoshon and non-Yoshon products. Kaylim may not be dedicated exclusively for Yoshon products.**

**Any Sushi that contains wheat is not certified yoshon, even in an “all yoshon” establishment.**

**Amazing Donuts** - All baked goods are yoshon.

**Bali Laffa** - Pita and Laffa bread only are yoshon.

**Bubby's Bagels** - All products are yoshon.

**Dr. Laffa Bakery** - All retail products baked and packaged on site are yoshon (except those containing oats and multigrain).

**Dr. Laffa** (both locations) - Pita and Laffa bread only are yoshon.

**Ester's Kosher Bakery** - Only products with a special “COR” Yoshon sticker.

**Grodzinski** (North) - All products made on site are yoshon except soups, wraps, multigrain and products containing bran and oats.

**Grodzinski** (South) - All products made on site are yoshon (~~incl. oats~~) except soups, wraps, multigrain and products containing bran *and oats*.

**Haymische Bakery** - All baked products are yoshon except those containing oats and bran. Cholent, soups, yerushalmi kugel and pasta are not yoshon.

**Hermes** - All products that are made on site are yoshon.

**Howie T's Burger Bar** - Buns and burgers only are yoshon.

**King David Pizza** (frozen) - All pizza products<sup>1</sup>.

**Kosher City Bakery** (incl. Randi's) - Only “COR” Yoshon stickered products.

**Isaac's KCP Bakery** - All products are yoshon.

**My Zaidy's Bakery** - All products made on site are yoshon except organic breads, bagel pretzels, soups, multigrain and any product containing bran and oats.

**My Zaidy's Pizza** - Pizza is yoshon<sup>1</sup>.

**Olive Branch Bakery** - Only “COR” Yoshon stickered products.

**Pizza Cafe** – Pizza and soups only are yoshon<sup>1</sup>.

**Richmond Kosher Bakery** - All products made on site are yoshon except organic bread, multigrain and products containing bran and oats.

**Slice N Bites** - All products are yoshon<sup>1</sup>

**Sobeys Bakery** - Only “COR” Yoshon stickered products.

**Surreal Sweets & Surreal Food Co.** - All products except pasta.

**Top Slice** - Pizza, Falafel & French fries are yoshon<sup>1</sup>.

**Tov Li Pizza** (both locations) - Regular & Spelt Pizzas,<sup>1</sup> Pitass, Cookies, Bourekas, Blintzes, Pasta, Soups, Croutons (incl. whole wheat), Gravy and Barley are Yoshon.

**Tova's Bakery** - All products are yoshon.

<sup>1</sup> Imitation pepperoni used in Pepperoni Pizza is not yoshon.

### Please Note:

This update includes all information in previous updates. Changes are indicated in *italics (changes in the electronic version are also in blue)*.

The above information applies to products manufactured in **Canada only**.

**The COR does not endorse any of its establishments for Yoshon except as detailed above.**