

Yoshon Update #1

Date: December 1, 2023

The Yoshon cutoff dates for the following products are as follows:



Robin Hood, Five Roses, Irresistible & any flour using the following plant codes

Year	Date Code ¹	Plant Code	Comments
3	288	547	
3	229	548	All Purpose Flour
3	269	548	Cake and Pastry Flour only
3	338	715	
3	256	640	

¹These numbers or lower are yoshon. Isolate the plant code from the full code that is printed on the bag and then find the year and date codes.

Flour - (COR 285) - Regular Flour - Best Before 2024 SE 12 or earlier. Organic - BB 2024 SE 28 or earlier. Whole Wheat - BB dates are 3 months earlier.

P&H, Great Plains, Compliments and any flour with a “PH” in the code

The lot # will start with a 3 (for 2023) then xxx for the date then xx for the plant i.e. 3 258 02. Use codes 3 258 for plant **02**, 3 240 for plant **09** and 3 236 for plant **07**. The “0” before the plant code may be missing, i.e. 3 236 07 = 3 236 7.

Ardent Mills, Robin Hood, Bakers Hood, Master Hand, Golden Temple or any flour with a COR323 - for plant ‘SK’ - a date code of 3-229 or lower. For plant code ‘MT’ - a date code of 3-288 or lower. Atta flour 3-318 or lower.

No Name Flour - If the best before date includes “PFM” use the same code as COR 285 flour. If it is “PH” (0)7 or “PH” (0)2 use the codes noted above for “PH”. If it is “AD” a best before code of 2024 NO 26 or earlier. Whole Wheat flour – Best Before codes are **3 months earlier**.

PC Flour - All Purpose flour - if the BB date includes “PFM” it will remain yoshon. Organic - use the same code as COR 285 flour.

Rodelle Flour - If there is a “P” in the date code, code of 2023 Nov 17 or earlier.

Robin Hood (Old Mill), Ardent Mills Oats (COR 323) – are still yoshon.

No Name Oats - Large Flake, One Minute, Quick - Best Before 2024 OCT 29 or earlier (**this date does not apply to single serve packets**).

Quaker Oats (COR 112)

All products containing oats and/or oat bran - date code of 10 03 P 3 or earlier. Family Pack (Costco) - code of **1003** following the Best Before date. **5N3** is the year code and ignore other codes, i.e. BB 2023 SE 27 **1003 5N3** 0263.

Wheat Bran - date code of 11 12 P 3 or earlier.

Pearl Milling (A.J.) Pancake Mixes (all types) – will remain yoshon.

Life cereals that contain wheat - date code of 09 20 P 3 or earlier.

General Mills

Cheerios (all types) – *Best before Dec 07 2024.*

Nature Valley Granola bars - Best Before date of 14SE2024 CO plant only.

Fibre 1 cereal is always yoshon.

Post Cereals (COR 123) - Weetabix (regular and organic) - are still yoshon.

Alpen & Grain Shop High Fibre Crisp - BIUB SEP2524J1A or earlier.

Barbara's Morning Oat Crunch Original – is still yoshon.

Barbara's Puffins Original and Cinnamon - are still yoshon.

Great Value Bran Flakes - is still yoshon.

Post Cereals (COR 114) - Shredded Wheat, Spoon Size Shredded Wheat -

Regular, Honey Toasted, Cinnamon and Wheat ‘n Bran, Light Wheat Squares are always yoshon.

Shreddies - Regular, Honey, and Maple flavours, Dark Wheat Squares and 100% Bran - are still yoshon.

Kellogg Canada (COR 246)

All Bran, Raisin Bran, Bran Flakes, Corn Flakes, Honeynut Corn Flakes, Frosted Flakes and Rice Krispies - products are still yoshon.

Corn Pops - are yoshon (oat flour is not a yoshon concern).

Froot Loops (Canadian only) - still yoshon.

Presidents Choice (COR 1)

Fruity O’s – Best Before Nov 10, 2024.

Crunchy Cranberry Almond - Best Before SEP 25 24.

Loads of Raisins Raisin Bran, Woven Wheat Squares - are still yoshon.

PC Blue Menu (COR 1)

Fibre First, Bran Flakes and Fibre Plus Bran Flakes, Crunchy Whole Grain Cereal With Almonds - are still yoshon.

PC Organics (COR 1) - Wheat Squares and Raisin Bran – are still yoshon.

Rogers Foods - wheat germ and bran - *Best before June 16, 2024.*

Spelt flour - in eastern Canada is always yoshon.

Barley – there is chodosh barley in the stores, dates must be checked.

Kolbo - has yoshon barley and flour.

Kosher City - flour and barley **repacked by Kosher City** will remain yoshon.

PC Blue Menu Barley and Great Value Barley - lot code of 23275 or lower.

Great Value Organic Barley - code of 32721D or lower.

NuPak Barley - code of 32771D or lower.

Cedar (Phoenicia) Barley - code of PD31409 or lower.

Clic barley - product packed on or before Oct 2, 2023.

Selection Oatmeal packets (MK) – Best Before Sept 26, 2024

Pasta

Primo COR 78 – Best Before Nov 29 2026 or earlier.

Italpasta - Best Before Oct 12 2025.

All other pasta with a COR 136 - use the same codes as Italpasta.

Unico - use same coding as for Primo.

PC/No Name Pasta (COR 1) - use same codes as Italpasta.

Ronzoni (Catelli & Lancia) (COR 235) - Regular (white) pasta - best before Oct 21, 26 or earlier. Whole wheat, Smart, No Yolk and Bistro products best before Oct 21, 25. Multigrain is not included.

Catelli (with an MK) – use same codes as Grisspasta.

Grisspasta - Regular Pasta - best before 2026 Oct 12, Whole grain, Vegetables, Egg Pasta - best before 2025 Oct 12.

Ferenez /Mama (MK) - will remain yoshon.

Pita Bros (Pita& Bread Crumbs) - will remain yoshon.

Lenchner's - will remain yoshon.

Local Establishments - This information is applicable **only** for products detailed below and manufactured by the said establishments, on site.

Some of the establishments detailed below produce both Yoshon and non-Yoshon products. Kaylim may not be dedicated exclusively for Yoshon products.

Any Sushi that contains wheat is not certified yoshon, even in an “all yoshon” establishment.

Amazing Donuts - All baked goods are yoshon.

Bali Laffa - Pita and Laffa bread only are yoshon.

Bubby's Bagels & Bubby's Diner - All products are yoshon.

Dr. Laffa (Bakery & Café) - All retail products baked and packaged on site are yoshon (except those containing oats and multigrain).

Dr. Laffa (both locations) - Pita and Laffa bread only are yoshon.

Ester's Kosher Bakery - Only products with a special “COR” Yoshon sticker.

Grodzinski (North & South locations) - All products made on site are yoshon except soups, wraps, multigrain and products containing bran and oats.

Haymische Bakery - All baked products are yoshon except those containing oats and bran. Cholent, soups, yerushalmi kugel and pasta are not yoshon.

Hermes - All products that are made on site are yoshon.

Howie T's Burger Bar - Buns and burgers only are yoshon.

King David Pizza (frozen) - All pizza products¹.

Kosher City (incl. Randi's & Isaac's) - Only products with a special “COR” Yoshon sticker.

My Zaidy's Bakery - All products made on site are yoshon except organic breads, bagel pretzels, soups, multigrain and any product containing bran and oats.

My Zaidy's Pizza - Pizza is yoshon¹.

Pizza Cafe – Pizza and soups only are yoshon¹.

Richmond Kosher Bakery - All products made on site are yoshon except organic bread, multigrain and products containing bran and oats.

Slice N Bites - All products are yoshon¹

Sobeys Bakery - Only products with a special “COR” Yoshon sticker.

Surreal Sweets & Surreal Food Co. - All products except pasta.

Top Slice (Kosher Pizza) – Pizza, Falafel & French fries are yoshon¹.

Tov Li Pizza (both locations) - Regular & Spelt Pizzas,¹ Pitas, Cookies, Bourekas, Blintzes, Pasta, Soups, Croutons (incl. whole wheat), Gravy and Barley are Yoshon.

¹ Imitation pepperoni used in Pepperoni Pizza is not yoshon.

Please Note:

This update includes all information in previous updates. Changes are indicated in *italics (changes in the electronic version are also in blue)*.

The above information applies to products manufactured in **Canada only**.

The COR does not endorse any of its establishments for Yoshon except as detailed above.