



Current as of October 24, 2023

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**INGREDIENTS OF CONCERN**

- Any type of **Grain** (Wheat, Barley, Oats)
- **Grain Flour** (Wheat, Barley, Oats)
- **Malt**
- **Wheat Germ**

**INGREDIENTS NOT OF CONCERN**

- **Spelt** (in/from USA and Canada)
- **Maltodextrin** (USA only; Europe may be *chodosh*)
- **Rye**
- **Food Starch**
- **Yeast**

**PRODUCTS THAT ARE ALWAYS YOSHON**

- All Israeli products with reliable *hashgachah*
- All products outside of EY with the following *hashgachos*:
  1. Rabbi O.Y. Westheim of Manchester
  2. Kedassia of London
  3. Rabbi Schneebalg
- **Soy, Teriyaki and Tamari** sauces

**PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED** (If purchased after, see the next section.)

- Soft **FRESH** baked goods (bread, rolls, bagels, pizza, soft pretzels – Sept 1, 2023)
- Soft **PACKAGED** baked goods – Sept 1, 2023
- **Noodles and Pasta** – Sept 1, 2023
- **Barley** – Sept 15, 2023
- **Oats** – Sept 1, 2023
  1. GENERAL MILLS Oats Cereals – TBD, not before October
  2. Other Oat Cereal Companies – TBD
- **Malt** – *yoshon* until Mar 15, 2024
- **Beer** – Dec 15, 2023

**FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES BELOW**

Date listed below or earlier is *yoshon*. If later, assume it is *chodosh*. 4-digit codes (e.g., 2323), represent the Julian date (232 is the day and 3 is the year). If the listed code is 2323 (i.e. Aug 20, 2023) then the code on the package can be 232 or lower.

**BAKED PRODUCTS**

1. **BETTY CROCKER Mixes** – mixes are *yoshon*; pizza crusts – 8/27/24
2. **Cookies and Crackers**
  - BLOOM'S** Cookies – always *yoshon*
  - KEMACH**
    - **Grahams & Crackers** – always *yoshon*
    - **Cookies** – with *yoshon* label only
    - **Breadsticks** – TBD
    - **Flat breads** – TBD
    - **Ice Cream Cones** – with *yoshon* label only
    - **Other Kemach products** – with *yoshon* label only
  - LIEBER'S** Cookies and Crackers – always *yoshon*
  - PAS** – with *yoshon* label only.
  - STELLA D'ORO**
    - **Breakfast treats, toast and biscotti** – Feb 24, 2024\*
    - **Sponge Swiss Fudge Cookies** – Dec 26, 2023\*
    - **100 Calorie Packs** – Apr 25, 2024\*
3. **DUNCAN HINES MIXES**
  - **Brownies, Cookies, Muffins** – Mar 1, 2025
  - **All other mixes** – Sept 1, 2024
4. **Matza** (including **Matza Meal**) – always *yoshon*

**5. Pretzels (Hard)/Snacks**

- **HADDAR** – with *yoshon* label only
- **HERR'S** – Nov 27, 2023\*
- **LANDAU'S** – Sept 1, 2024\* | w/ oats – Mar 1, 2024\*
- **LIEBER'S** – always *yoshon* (except malt)
- **NEW YORK PRETZEL** – Sept 1, 2024
- **UTZ Honey Wheat** – Dec 24, 2024\*
- **PRINGLES** (some contain wheat) – code L3232\*
- **WISE**
  - .75 oz. & 1.75 oz – Jan 21, 2024\*
  - 3.25 oz. – Dec 17, 2023\*
  - 8.75 oz. – Nov 26, 2023\*
- **GOLDEN FLUFF** – always *yoshon*
- **KITOV** – Sept 1, 2024\*
- **SNACK FACTORY** – Sept 1, 2024\*
- **BLOOM'S** – *yoshon* (malt may be *chodosh*)

**6. Pretzels (Soft)** – Sept 1, 2023\***7. Waffles & Pancakes**

- **EGGO Waffles and Pancakes:**
  - With oats – Dec 2, 2024\*
  - Just wheat – Dec 1, 2024\*
- **EGGO Thick & Fluffy French Toast/Pancake Bites** (single serve packets) – Sept 1, 2024\*
- **KEMACH Pancake Mix** – always *yoshon*
- **PEARL MILLING CO** – formerly Aunt Jemima
  - **Dry Mixes with malt:** (Dry mixes without malt always *yoshon*)
    - **Pancakes** – Oct 17, 2024\*
    - **Waffles** – Jan 20, 2024\*
  - **Frozen:**
    - **Pancakes** – Jun 2, 2024\*
    - **Waffles** – Jan 16, 2024\*

**BAKING SPRAY WITH FLOUR** (If they don't have flour, there is no concern)

1. **BAKER'S JOY** and **CRISCO** – always *yoshon*
2. **MISHPACHA** – always *yoshon*
3. **PAM** – Aug 20, 2025
4. **GLICKS** – *yoshon* until November

**BARLEY****QUAKER** – Sept 15, 2024**BEER**

ALL BEER MAY BE PURCHASED AND ASSUMED YOSHON AT LEAST UNTIL 12/15/23

**BREAD AND CORN FLAKE CRUMBS**

1. **GEFEN** – always *yoshon*
2. **JASON** – always *yoshon*
3. **KELLOGG'S** – Dec 15, 2025\*
4. **KINERET (Made in Israel)** – always *yoshon*
5. **LIEBER'S** – *yoshon* if purchased before 10/15/23
6. **MISHPACHA** – TBD
7. **KIKKOMAN PANKO** – Mar 3, 2025\*
8. **B'GAN** – with *yoshon* label only

**CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL**

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains barley, use date Sept 15, 2023\*. For oats, use Sept 1, 2023\*.)

**1. BARBARA**

- **Oats** – Sept 1, 2024\*
- **Wheat** – Sept 1, 2024\*
- **Original** – Apr 25, 2024\*



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**2. CASCADIAN FARMS**

- Granolas – May 1, 2024
- Other cold cereals – Sept 5, 2024

**3. CREAM OF WHEAT** – Sept 1, 2024\***4. GENERAL MILLS**

- Oats – use code 07DEC2024
- Wheat – always *yoshon*
- Barley – Sept 15, 2024\*

**5. KASHI**

- Oats – *yoshon* until October at least\*
- Wheat – always *yoshon*

**6. KELLOGG'S** (if made in Europe always *yoshon*)

- Oats – Sept 1, 2024\*
- Wheat – Sept 1, 2024\*
- Barley – Sept 15, 2024\*
- Malt – Dec 15, 2024\*

**7. KEMACH**

- Whole Wheat Flakes, Coco Munchies, Cinnamon Bites – always *yoshon*
- All Other – TBD

**8. MALT-O-MEAL**

Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.

- if contains only oats – Sept 1, 2023\* packing date
- if contains only wheat – Sept 1, 2023\* packing date
- if contains only barley – Sept 15, 2023\* packing date
- 9 mos from packing – Berry Colossal Crunch
- 10 mos from packing – Blueberry Muffin Tops, Honey Graham Squares, Coco Roos, Honey Nut Scooters
- 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
- 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar, Coco Wheat
- 18 mos from packing – Quick Rolled Oats
- 24 mos from packing – Hot Wheat Malt-O-Meal-Original, Farina

**9. NATURE VALLEY** – Sept 3, 2024 (except if produced in S America)**10. POST**

- Oats – Nov 1, 2024
- Wheat – *yoshon*
- Barley – Sept 15, 2023 \*
- Malt – Dec 15, 2024\*

**11. QUAKER (USA)** [In EY and EU with KF *hechsher* are always *yoshon*]

- Chewy Granola Bars, Chewy 90 Cal Low Fat Granola Bars, Granola Bites 90 Cal – June 4, 24
- Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Real Medleys Hot Cereals, Breakfast Cookies – Apr 5, 2024
- Cocoa Bumpers, Graham Bumpers, Peanut Butter Bumpers, Toasted Oat Bran, High Fiber Instant Oatmeal Packets, Cap'n Crunch, Corn Bran Crunch, King Vitaman, Natural Granola, Oatmeal Squares, Oh!'s, Puffed Wheat, Quisp – July 4, 24
- Life – Instant Oatmeal Packets (Original, Apples & Cinnamon, Fruit & Cream, Maple & Brown Sugar, Raisin, Date, & Walnut, Raisins & Spice, Chocolate Chip, All Lower Sugar) – Oct 2, 2024
- Oats (Rolled, Instant, Old Fashioned) – March 30, 2025

**12. SHOPRITE**Hot Cereal:

- Oat Cereal & Oatmeal – info not available
- Wheat – info not available

Cold Cereal: info not available**13. STOP & SHOP/GIANT**

- Cereal
  - With oats – Sept 1, 2024\*
  - With wheat – Sept 1, 2024\*
- Oatmeal – Sept 1, 2024\*

**14. WALMART**

- Quick Oats – Feb 29, 2025\*
- Bran Flakes – Sept 1, 2024\*

**CHOW MEIN NOODLES**

1. EDEN – with *yoshon* label only
2. KEMACH – with *yoshon* label only
3. STREIT'S – always *yoshon* unless labeled *chodos*
4. LIEBER'S – currently *yoshon*
5. MISHPACHA – TBD
6. LA CHOY – info not available

**EGG ROLL/WONTON WRAPPERS**

1. GEFEN Egg Roll and Won Ton Wrappers – *yoshon*
2. GOLDEN BOWL
  - Won Ton Wraps – code 012309\*
  - Spring Roll Wrappers – Sept 1, 2024\*
3. DEPENDABLE – always *yoshon*
4. NASOYA Egg Roll and Won Ton Wrappers – Oct 5, 2023
5. WON TON FOOD CO. – code 90123\* (any letters are irrelevant)
6. B'GAN – with *yoshon* label only

**FLOUR****1. All Purpose Flour**

- DEPENDABLE – with *yoshon* stamp only
- GIANT/STOP & SHOP – Aug 20, 2024
- GLICKS – with *yoshon* label only
- GOLD MEDAL (KC) winter wheat (if *machmir* for *bitul*) – 8-19-24; also has malt.
- GOLD MEDAL (other mills) winter wheat (if *machmir* for *bitul*) – 8-9-24; also has malt.
- HECKERS – always *yoshon* (if contains malt – Dec 15, 2023)
- KEMACH – with *yoshon* label only
- KING ARTHUR – 5lb bags Aug 31, 2024, 50lb bags Aug 31, 2023
- MISHPACHA – always *yoshon*
- PILLSBURY – Aug 20, 2024
- SHOPRITE – Aug 20, 2024
- TARGET/MARKET PANTRY Flour – Aug 20, 2024

**2. Whole Wheat Flour**

- DEPENDABLE – with *yoshon* stamp only
- GOLD MEDAL KC – Aug 19, 2024
- GOLD MEDAL (other mills) – Aug 9, 2024
- HECKERS – always *yoshon* (if contains malt – Dec 15, 2022)
- KEMACH – with *yoshon* label only
- KING ARTHUR – 5lb bags Aug 27, 2024, 50lb bags Aug 27, 2023
- MISHPACHA – always *yoshon*
- PILLSBURY – Aug 15, 2024
- TARGET/MARKET PANTRY – Aug 20, 2024



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**3. Bread Flour (High-Gluten Flour)**

- **DEPENDABLE** – with *yoshon* stamp only
- **GLICKS** – with *yoshon* label only
- **GOLD MEDAL KC** winter wheat (if *machmir* for *bitul*) – 8-19-24; also has malt.
- **GOLD MEDAL** (other mills) winter wheat (if *machmir* for *bitul*) – 8-9-24; also has malt.
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags Aug 31, 2024, 50lb bags Aug 31, 2023
- **MISHPACHA** – always *yoshon*
- **PILLSBURY** – Aug 20, 2024
- **TRADER JOE'S** – Aug 20, 2024
- **HECKERS** – always *yoshon*

**FROZEN/MISC.**

1. **ALLE/MEAL MART Frozen Products** – TBD
2. **APOLLO Fillo Dough** – Sept 1, 2024\* or 2434\*
3. **DR. PRAEGER'S**
  - Oats – TBD
  - Wheat – TBD
4. **FRENCH'S French Fried Onions: Sept 1, 2025\***
5. **GOLDEN**
  - Blintzes – Sept 1, 2025\*
  - Potato pancakes – TBD
6. **MCCAIN Fries** (that contain flour, e.g. spicy fries): no *yoshon* info
7. **PEARL MILLING CO** (formerly **AUNT JEMIMA**)
  - Pancakes – Jun 2, 2024\*
  - Waffles – Sept 1, 2025\*
8. **SHINDLER'S Products** – always *yoshon*
9. **TOFUTTI Cuties** – Code 2433\*
10. **TRADER JOE'S Potato Pancakes** – TBD
11. **UNGAR'S Fish** – always *yoshon*

**KISHKE**

1. **A&B** – always *yoshon*
2. **BENZ'S** – always *yoshon*
3. **MEAL MART** – always *yoshon*
4. **UNGER'S** – always *yoshon*

**LICORICE/CANDY**

1. **DARRELL LEA** – Sept 1, 2024\*
2. **TWIZZLER'S** (H&S Candy/Hershey) – always *yoshon*
3. **JORAY FRUIT ROLLUPS** – TBD
4. **JOLLY RANCHERS** – always *yoshon*

**NOODLES/PASTA**

1. **BARILLA**
  - ProteinPLUS Pasta – Aug 6, 2024\*
  - Whole Grain – Feb 27, 2025\*
  - Lasagna – Apr 27, 2025\*
  - Other pastas and orzo – Apr 27, 2026\*
2. **CALIFORNIA DELIGHT** – always *yoshon*
3. **EDEN** – with *yoshon* label
4. **ESSENTIAL EVERYDAY** – Aug 31, 2025
5. **GEFEN Ramen Noodles** – Not *yoshon*
6. **GIANT/STOP & SHOP** – Aug 27, 2026\*
7. **GOODMAN'S**
  - Pasta – Aug 27, 2026\*
  - Egg noodles – Aug 27, 2026\*
8. **HODGSON MILLS Couscous** – TBD

**9. KEMACH**

- Egg noodles – 1-30-25\*
- Other pasta products – always *yoshon*

**10. MANISCHEWITZ** – Aug 27, 2025\* or 2344\***11. MISHPACHA** – always *yoshon* (except chow mein)**12. MOTHER'S** – code 2395\***13. MUELLER & SAN GIORGIO**

- Egg noodles – Aug 27, 2026\*
- Pasta – Aug 27, 2026\*

**14. NEAR EAST Couscous** – TBD | with barley only – TBD**15. NO YOLKS** – Sept 1, 2024**16. RALPH'S** – Sept 1, 2025**17. SHOPRITE Bowl & Basket:** Sept 1, 2026**18. STREIT'S** – always *yoshon* (except chow mein)**19. WALMART** – info not available. (Call company with code on package. If produced before Sept 1, 2023\* it is *yoshon*.)**PIE CRUSTS/PASTRY DOUGH**

1. **APOLLO Fillo Dough** – Sept 1, 2024
2. **GEFEN Pie Crusts** – TBD
3. **GLICKS Graham Cracker Pie Crusts** – *yoshon* until Feb 2024
4. **KEEBLER Pie Crusts** – TBD
5. **KEMACH**
  - Chocolate Pie Crust – always *yoshon*
  - Graham Pie Crust – TBD
6. **MECHEL'S** – All *yoshon*
7. **MISHPACHA Pie Crust** – always *yoshon*
8. **MOTHER'S Graham Cracker Pie Crust** – TBD
9. **PEPPERIDGE FARM** – info not available. (Call company with code on package. If produced before Sept 1, 2023\* it is *yoshon*.)
10. **UNGAR'S Pastry Dough** – always *yoshon*

**SOUP/SOUP MIXES**

1. **GEFEN Noodle Soup Cup** – not *yoshon*
2. **KEDEM** – TBD
3. **KEMACH**
  - Onion, split pea – with *yoshon* label only
  - Vegetable – with *yoshon* label only
  - Minestrone – with *yoshon* label only
4. **LIEBER'S** – always *yoshon*
5. **MANISCHEWITZ**
  - Barley – Sept 1, 2023\* or 2433\*
  - Noodle/Pasta – Aug 27, 2023\* or 2394\*
6. **MISHPACHA Matzo Ball Mix** – always *yoshon*
7. **OSEM** – all Israeli products are *yoshon*
8. **SHOPRITE**
  - Soup mixes – TBD
  - Canned (except tomato) – TBD
  - Canned Tomato Soup – TBD
9. **STREIT'S** – always *yoshon*
10. **TRADITION** – always *yoshon*

**VINEGAR**

1. **Regular Vinegar** has no *chodosh* concern.
2. **Malt, Tarragon, or Salad Vinegar** (purchased after Dec 15, 2023)  
**HEINZ**
  - Malt vinegar Jun 15, 2026\*
  - Tarragon and Salad Dec 15, 2026\*