

# Yoshon Update #1

Date: November 17, 2023

The Yoshon cutoff dates for the following products are as follows:



**Robin Hood, Five Roses, Irresistible** & any flour using the following plant codes

Year	Date Code <sup>1</sup>	Plant Code	Comments
3	288	547	
3	229	548	All Purpose Flour
3	269	548	Cake and Pastry Flour only
3	330	715	
3	256	640	

<sup>1</sup>These numbers or lower are yoshon. Isolate the plant code from the full code that is printed on the bag and then find the year and date codes.

**Flour - (COR 285)** - Regular Flour - Best Before 2024 SE 12 or earlier. Organic - BB 2024 SE 28 or earlier. Whole Wheat - BB dates are 3 months earlier.

**P&H, Great Plains, Compliments and any flour with a “PH” in the code**

The lot # will start with a 3 (for 2023) then xxx for the date then xx for the plant i.e. 3 258 02. Use codes 3 258 for plant **02**, 3 240 for plant **09** and 3 236 for plant **07**. The “0” before the plant code may be missing, i.e. 3 236 07 = 3 236 7.

**Ardent Mills, Robin Hood, Bakers Hood, Master Hand, Golden Temple or any flour with a COR323** - for plant ‘SK’ - a date code of 3-229 or lower. For plant code ‘MT’ - a date code of 3-288 or lower. Atta flour 3-318 or lower.

**No Name Flour** - If the best before date includes “PFM” use the same code as COR 285 flour. If it is “PH” (0)7 or “PH” (0)2 use the codes noted above for “PH”. If it is “AD” a best before code of 2024 NO 26 or earlier. Whole Wheat flour – Best Before codes are **3 months earlier**.

**PC Flour** - All Purpose flour - if the BB date includes “PFM” it will remain yoshon. Organic - use the same code as COR 285 flour.

**Rodelle Flour** - If there is a “P” in the date code, code of 2023 Nov 17 or earlier.

**Robin Hood (Old Mill), Ardent Mills Oats (COR 323)** – are still yoshon.

**No Name Oats** - Large Flake, One Minute, Quick - Best Before 2024 OCT 29 or earlier (**this date does not apply to single serve packets**).

**Quaker Oats (COR 112)**

All products containing oats and/or oat bran - date code of 10 03 P 3 or earlier. Family Pack (Costco) - code of **1003** following the Best Before date. 5N**3** is the year code and ignore other codes, i.e. BB 2023 SE 27 **1003** 5N**3** 0263. Wheat Bran - date code of 11 12 P 3 or earlier. Pearl Milling (A.J.) Pancake Mixes (all types) – will remain yoshon.

## General Mills

Cheerios (all types) – Still yoshon until the end of Nov.  
Nature Valley Granola bars - Best Before date of 14SE2024 CO plant only.  
Fibre 1 cereal is always yoshon.

**Post Cereals (COR 123)** - Weetabix (regular and organic) - are still yoshon. Alpen & Grain Shop High Fibre Crisp - BIUB SEP2524J1A or earlier. Barbara's Morning Oat Crunch Original – is still yoshon.

**Post Cereals (COR 114)** - Shredded Wheat, Spoon Size Shredded Wheat - Regular, Honey Toasted, Cinnamon and Wheat ‘n Bran, Light Wheat Squares are always yoshon. Shreddies - Regular, Honey, and Maple flavours, Dark Wheat Squares and 100% Bran - are still yoshon.

**Kellogg Canada (COR 246)**

All Bran, Raisin Bran, Bran Flakes, Corn Flakes, Honeynut Corn Flakes, Frosted Flakes and Rice Krispies - products are still yoshon.

Corn Pops - are yoshon (oat flour is not a yoshon concern).

Froot Loops (Canadian only) - still yoshon.

**Presidents Choice (COR 1)**

Fruity O’s – Best Before Nov 10, 2024.

Crunchy Cranberry Almond - Best Before SEP 25 24.

Loads of Raisins Raisin Bran, Woven Wheat Squares - are still yoshon.

**PC Blue Menu (COR 1)**

Fibre First, Bran Flakes and Fibre Plus Bran Flakes, Crunchy Whole Grain Cereal With Almonds - are still yoshon.

**PC Organics (COR 1)** - Wheat Squares and Raisin Bran – are still yoshon.

**Rogers Foods** - wheat germ and bran - Best before June 23, 2023.

**Barley** – there is chodosh barley in the stores, dates must be checked.

**Kolbo** - has yoshon barley and flour.

**Kosher City** - flour and barley **repacked by Kosher City** will remain yoshon.

**PC Blue Menu Barley and Great Value Barley** - lot code of 23275 or lower.

**Great Value Organic Barley** - code of 32721D or lower.

**NuPak Barley** - code of 32771D or lower.

**Cedar (Phoenicia) Barley** - code of PD31409 or lower.

**Clic barley** - product packed on or before Oct 2, 2023.

## **Pasta**

**Primo COR 78** – Best Before Dec 11 2026.

**Italpasta** - Best Before Oct 12 2025.

**All other pasta with a COR 136** - use the same codes as Italpasta.

**Unico** - use same coding as for Primo.

**PC/No Name Pasta (COR 1)** - use same codes as Italpasta.

**Ronzoni (Catelli & Lancia) (COR 235)** - Regular (white) pasta - best before Oct 21, 26 or earlier. Whole wheat, Smart, No Yolk and Bistro products best before Oct 21, 25. Multigrain is not included.

**Catelli** (with an MK) – use same codes as Grisspasta.

**Grisspasta** - Regular Pasta - best before 2026 Oct 12, Whole grain, Vegetables, Egg Pasta - best before 2025 Oct 12.

**Ferenez /Mama (MK)** - will remain yoshon.

**Rogers Wheat Germ** - MFT 23 OCT 16.

**Pita Bros** (Pita& Bread Crumbs) - will remain yoshon.

**Lenchner's** - will remain yoshon.

**Local establishments** - A detailed list will be forthcoming.